*Closing Liturgy for Good Friday Quiet day*

*Opening words*

 My trust is in you, O Lord.

**I have said ‘You are my God.’**

*Psalm 31.14*

*Praise*

 We adore you, O Christ, and we bless you,

because by your holy cross you have redeemed the world.

Holy God,

holy and strong,

holy and immortal,

have mercy upon us.

We glory in your cross, O Lord,

and praise and glorify your holy resurrection:

for by virtue of the cross

joy has come to the whole world.

*from the Liturgy of Good Friday*

*Psalm 22.1-11*

**Refrain: Be not far from me, O Lord.**

1 My God, my God, why have you forsaken me,

 and are so far from my salvation,

 from the words of my distress?

**2 O my God, I cry in the daytime,**

 **but you do not answer;**

 **and by night also, but I find no rest.**

3 Yet you are the Holy One,

 enthroned upon the praises of Israel.

**4 Our forebears trusted in you;**

 **they trusted, and you delivered them.**

5 They cried out to you and were delivered;

 they put their trust in you and were not confounded.

**6 But as for me, I am a worm and no man,**

 **scorned by all and despised by the people.**

7 All who see me laugh me to scorn;

 they curl their lips and wag their heads, saying,

**8 ‘He trusted in the Lord; let him deliver him;**

 **let him deliver him, if he delights in him**.’

9 But it is you that took me out of the womb

 and laid me safe upon my mother’s breast.

**10 On you was I cast ever since I was born;**

 **you are my God even from my mother’s womb.**

11 Be not far from me, for trouble is near at hand

 and there is none to help.

**Refrain: Be not far from me, O Lord.**

Restless with grief and fear,

the abandoned turn to you:

in every hour of trial,

good Lord, deliver us,

O God most holy, God most strong,

whose wisdom is the cross of Christ.

Scripture readings

While we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person - though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us.

*Romans 5.6-8*

I have been crucified with Christ; and it is no longer I who live, but it is Christ who lives in me

*Galatians 2.19b,20a*

It was now about noon, and darkness came over the whole land until three in the afternoon, while the sun’s light failed; and the curtain of the temple was torn in two. Then Jesus, crying with a loud voice, said, ‘Father, into your hands I commend my spirit.’ Having said this, he breathed his last. When the centurion saw what had taken place, he praised God and said, ‘Certainly this man was innocent.’ And when all the crowds who had gathered there for this spectacle saw what had taken place, they returned home, beating their breasts. But all his acquaintances, including the women who had followed him from Galilee, stood at a distance, watching these things.

 *Luke 23:44-49*

*Prayers*

Soul of Christ, sanctify me,

body of Christ, save me,

blood of Christ, inebriate me,

water from the side of Christ, wash me.

Passion of Christ, strengthen me.

O good Jesus, hear me:

hide me within your wounds

and never let me be separated from you.

From the wicked enemy defend me,

in the hour of my death, call me

and bid me come to you,

so that with your saints I may praise you

for ever and ever.

Amen.

*Anima Christi (14th century)*

As our Saviour taught us, so we pray:

**Our Father in heaven,**

**hallowed be your name,**

**your kingdom come,**

**your will be done,**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Lead us not into temptation**

**but deliver us from evil.**

**For the kingdom, the power,**

**and the glory are yours**

**now and for ever.**

**Amen.**

The Conclusion

 May Christ our Saviour give us peace.

**Amen**